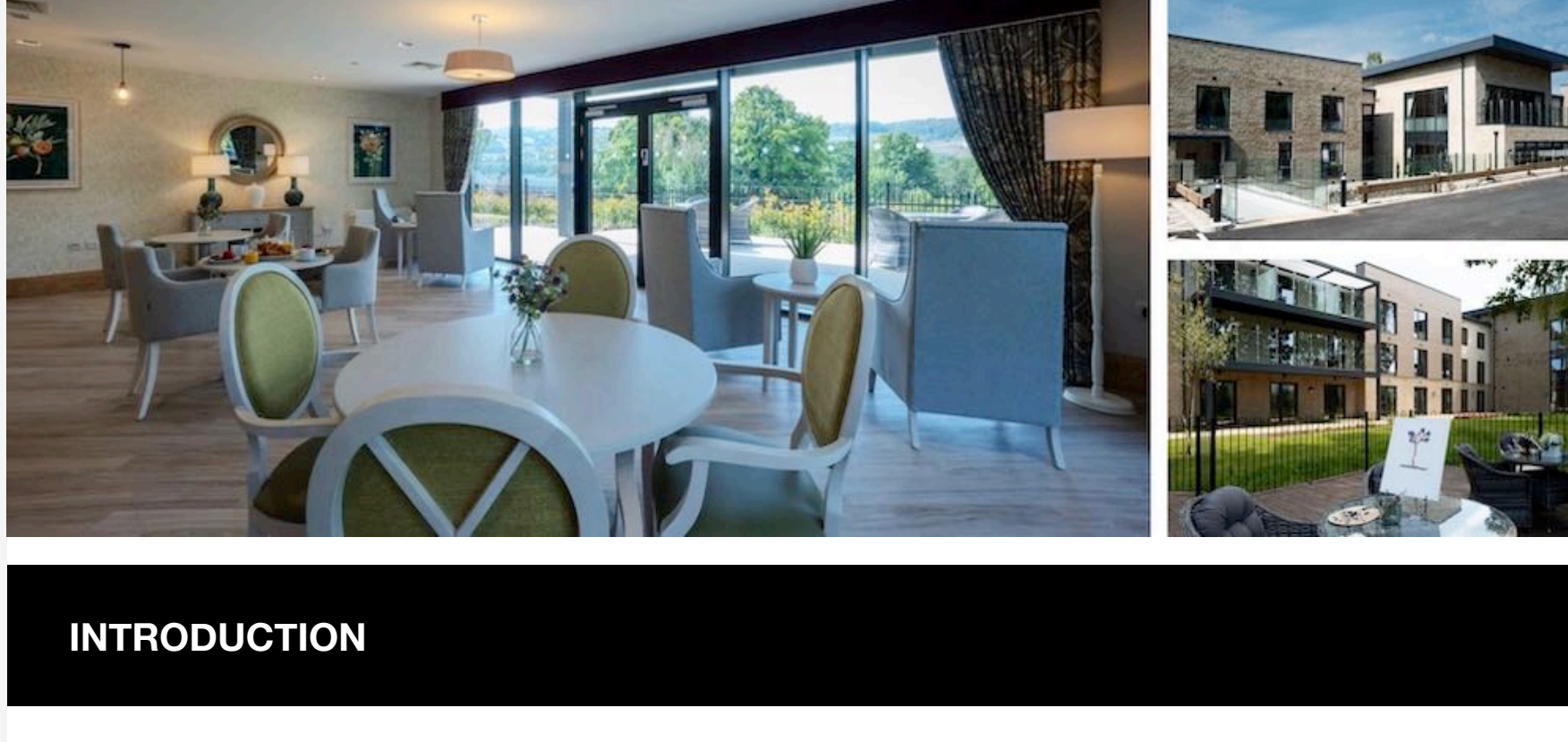




INTRODUCTION

Message From Our Manager

Welcome to our Autumn newsletter! What a lovely few months we have had at Darcy House! From singing and dancing at our carnival show to sharing a delicious Italian lunch with families, there has been plenty to enjoy around the home.

Our residents have been keeping busy with regular exercise sessions, reminiscing about childhood favourites and enjoying visits and outings. We are also delighted to have two new Resident Ambassadors, who will help us make sure residents continue to have a say in life at Darcy House.

As we settle into autumn, we are looking forward to some Halloween fun, welcoming familiar entertainers back to the home and taking time to mark Remembrance Day.

I hope you enjoy reading our latest news and seeing what everyone has been up to!

If you know someone who would like to receive our email newsletters/updates, just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Carinna
Carinna Mycock
Home Manager



ACTIVITIES & EVENTS

A Very Special Birthday for Winnie the Pooh

Who doesn't love Winnie the Pooh? We certainly do at Darcy House!

We recently marked the much-loved bear's 100th birthday with an afternoon of stories, memories and, of course, teddy bears.

Residents enjoyed learning more about the history of Winnie the Pooh and how A. A. Milne created the famous character whose adventures have been enjoyed by generations.

The stories brought back memories of childhood books and favourite toys, and there was plenty to chat about.

Our Senior Care Assistant, Sylvia, made the afternoon even more interesting by bringing in her wonderful teddy bear collection for a special show-and-tell.

Everyone enjoyed admiring the bears and hearing about the collection. It was a lovely reminder that some childhood favourites never really lose their charm.

Thank you, Sylvia, for sharing your treasured teddies with us!

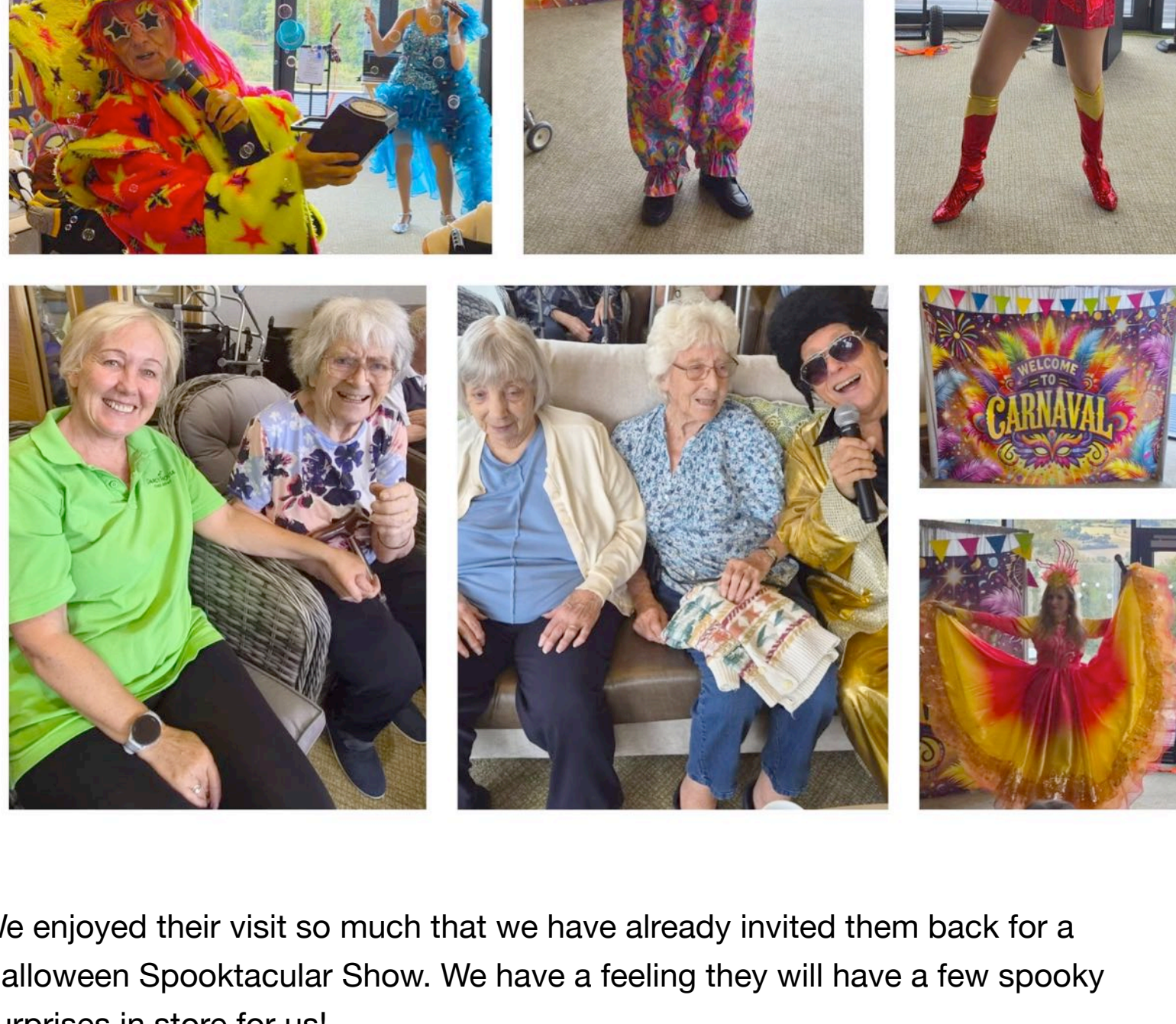


Roll Up, Roll Up! The Carnival Comes to Darcy House

What an afternoon we had when Kevin and Maria brought their carnival show to Darcy House!

From the moment the entertainment began, there was singing, dancing and plenty of laughter. Kevin and Maria had everyone joining in, with familiar songs, good humour and lots of encouragement to get involved.

Our residents thoroughly enjoyed themselves, and it was lovely to see everyone having such a good time.



We enjoyed their visit so much that we have already invited them back for a Halloween Spooktacular Show. We have a feeling they will have a few spooky surprises in store for us!

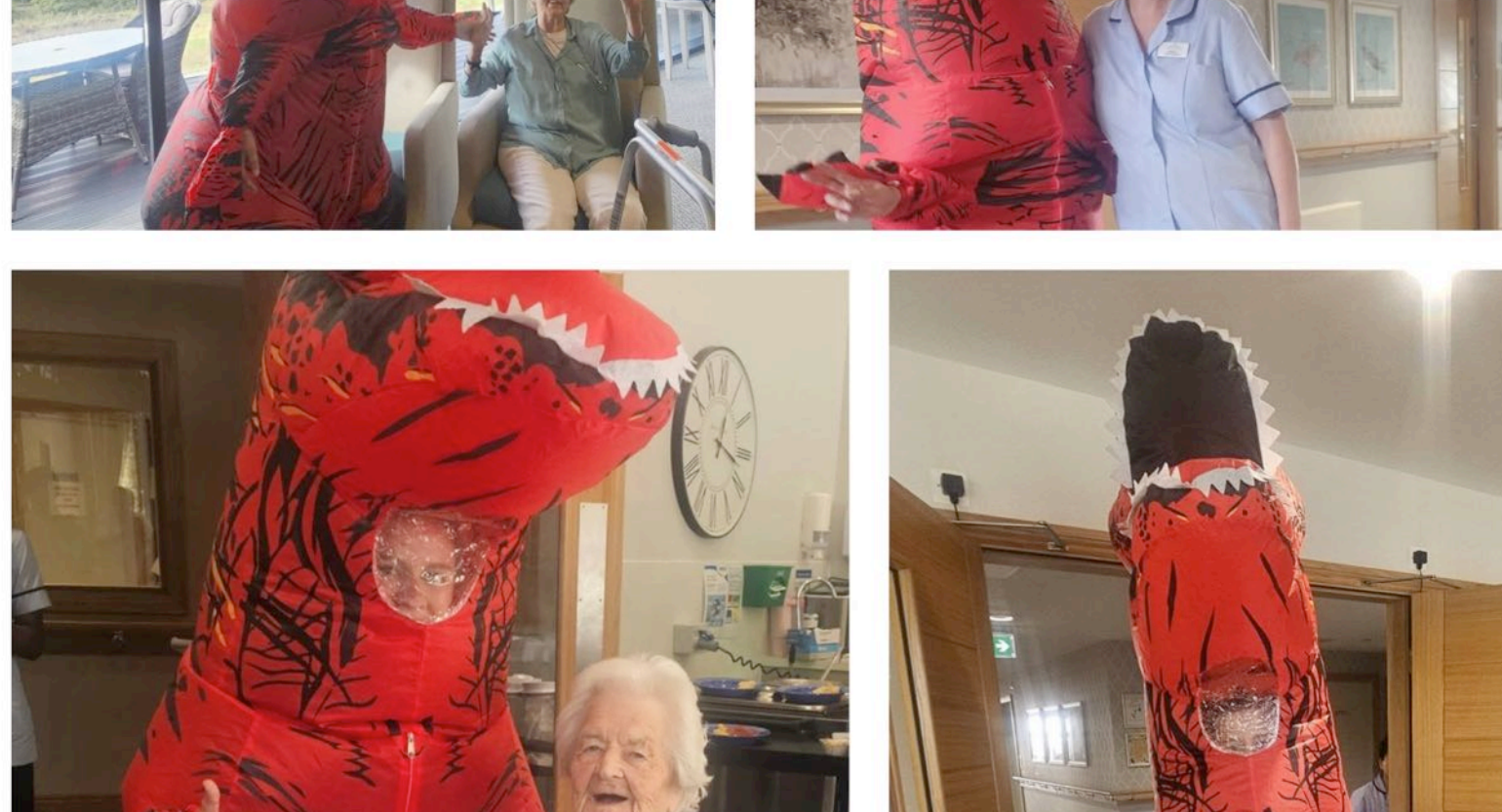
Keeping Fit and Having Fun!

We certainly know how to make exercise entertaining at Darcy House! We recently welcomed Anna, who led a gentle exercise session with a singalong. Residents enjoyed moving along to familiar tunes, and we are already looking forward to her next visit.

Our regular seated exercise sessions with Jen and Ed are also going strong, taking place three times a week. The exercises are adapted to suit different abilities, allowing residents to join in at their own pace.

There is always a bit of friendly encouragement, plenty of conversation and the occasional laugh along the way.

One session was particularly memorable when Jen turned up dressed as a dinosaur! It is not every day you find yourself exercising alongside a dinosaur, but it certainly made everyone smile.



A Little Taste of Italy

On Saturday 17th October, we enjoyed a lovely Italian-themed lunch with our residents and their families. Our menu featured traditional lasagne, fresh salads and a delicious tiramisu for dessert, which certainly went down well with everyone around the table.

There was time to relax, enjoy the food and catch up with loved ones over lunch. Having families join us for occasions like these makes them all the more enjoyable, and it was nice to see everyone spending time together. A big thank you to our colleagues who helped prepare and serve the meal. We think our Italian lunch may have to make another appearance!

A Day Out at the Heights of Abraham

Our Activities Lead, Jen, and one of our residents recently enjoyed a special VIP visit to the Heights of Abraham.

Although the weather was a little on the rainy side, it certainly did not spoil their day!

They enjoyed exploring the attraction, taking a ride on the cable cars and admiring the scenery.

The visit also gave them the chance to meet some guest speakers who will soon be coming to Darcy House to share stories about the history of our local town and its mining heritage.

We are particularly looking forward to these talks, as we know many residents will enjoy hearing about the area's past and sharing their own memories.

Thank you to the team at the Heights of Abraham for making our visitors feel so welcome. We hope to return again soon!



NEW & FAMILIAR FACES

New Resident Ambassadors!

We have some lovely news to share. Two of our residents have become Resident Ambassadors for Darcy House!

Their new roles will give them the opportunity to represent fellow residents, share suggestions and help us continue making everyday life at the home as enjoyable as possible.

We always want residents to feel involved in the decisions that affect them, and our new ambassadors will be another important part of that.

We are delighted they have agreed to take on these roles and look forward to hearing their ideas!

COMING UP

Something Spooky Is Coming!

Halloween is nearly here, and preparations are getting underway at Darcy House! We have plenty planned, including pumpkin decorating, Spooky Bingo and our Halloween Party.

We are also very excited to welcome Kevin and Maria back for their Halloween Spooktacular Show. After the fun we had at their carnival performance, we cannot wait to see what they have planned this time.

There is sure to be a little mischief, plenty of laughter and perhaps a few spooky surprises along the way!



A Time to Remember

In November, we will be marking Remembrance Day at Darcy House. It is an important time for reflection, particularly for residents who have personal memories or family connections to the war years.

We will take time together to remember those who served and the sacrifices made by so many.



Resident Committee Meeting

Our next Resident Committee Meeting will take place on Monday 7th December at 2pm.

This is a chance for residents to share their thoughts, discuss what is happening around the home and suggest activities or ideas they would like us to explore.

We always enjoy hearing everyone's views and look forward to another useful discussion.



Looking Ahead

With Halloween just around the corner and the festive season approaching, we have lots to keep us busy over the coming weeks.

We are looking forward to more entertainment, our upcoming local history talks and, of course, our regular exercise sessions, games and activities.

We will also be working closely with our new Resident Ambassadors to hear their ideas and suggestions for the months ahead.

Thank you to our residents, families, friends and colleagues for all the support, kindness and good humour you bring to Darcy House. We look forward to enjoying the rest of autumn together!

EXTERNAL LINKS

Social Media

Make sure to check out the Darcy House Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)