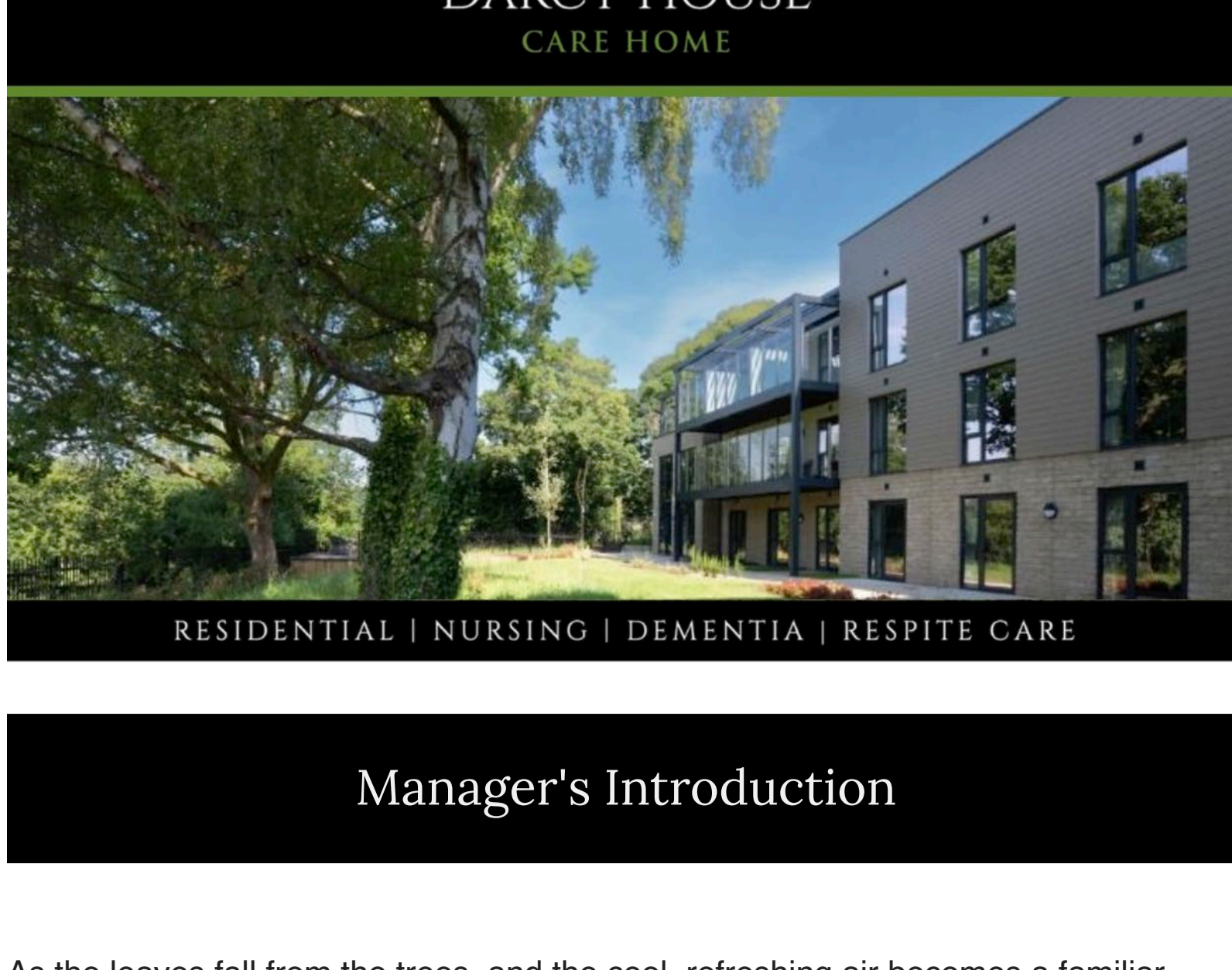


A WARM WELCOME TO OUR  
AUTUMN 2024

# Quarterly Newsletter



## Manager's Introduction

As the leaves fall from the trees, and the cool, refreshing air becomes a familiar presence, we joyfully embrace the arrival of autumn. The cosy season not only fills our surroundings with breathtaking colours but also ushers in a myriad of activities and events that are thoughtfully put in place to celebrate and enjoy this time of year.

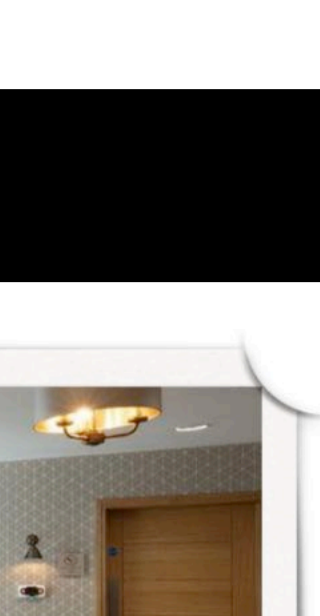
We invite you to sit back and read all about our recent happenings, activities and events.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

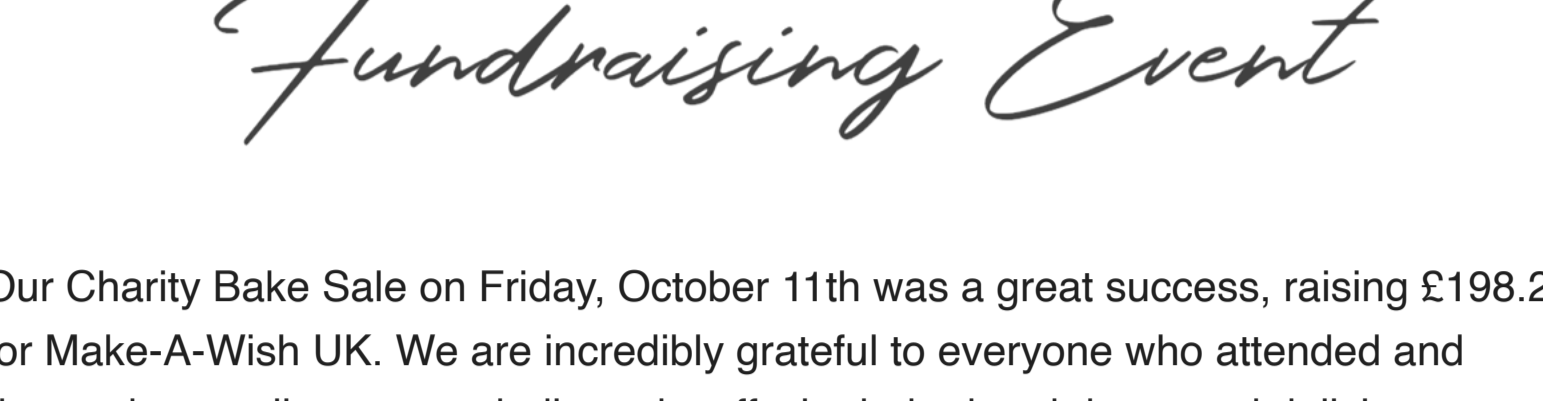
[Newsletter Sign-Up](#)

Best wishes,

*Carinna*  
**Carinna Mycock**  
Home Manager

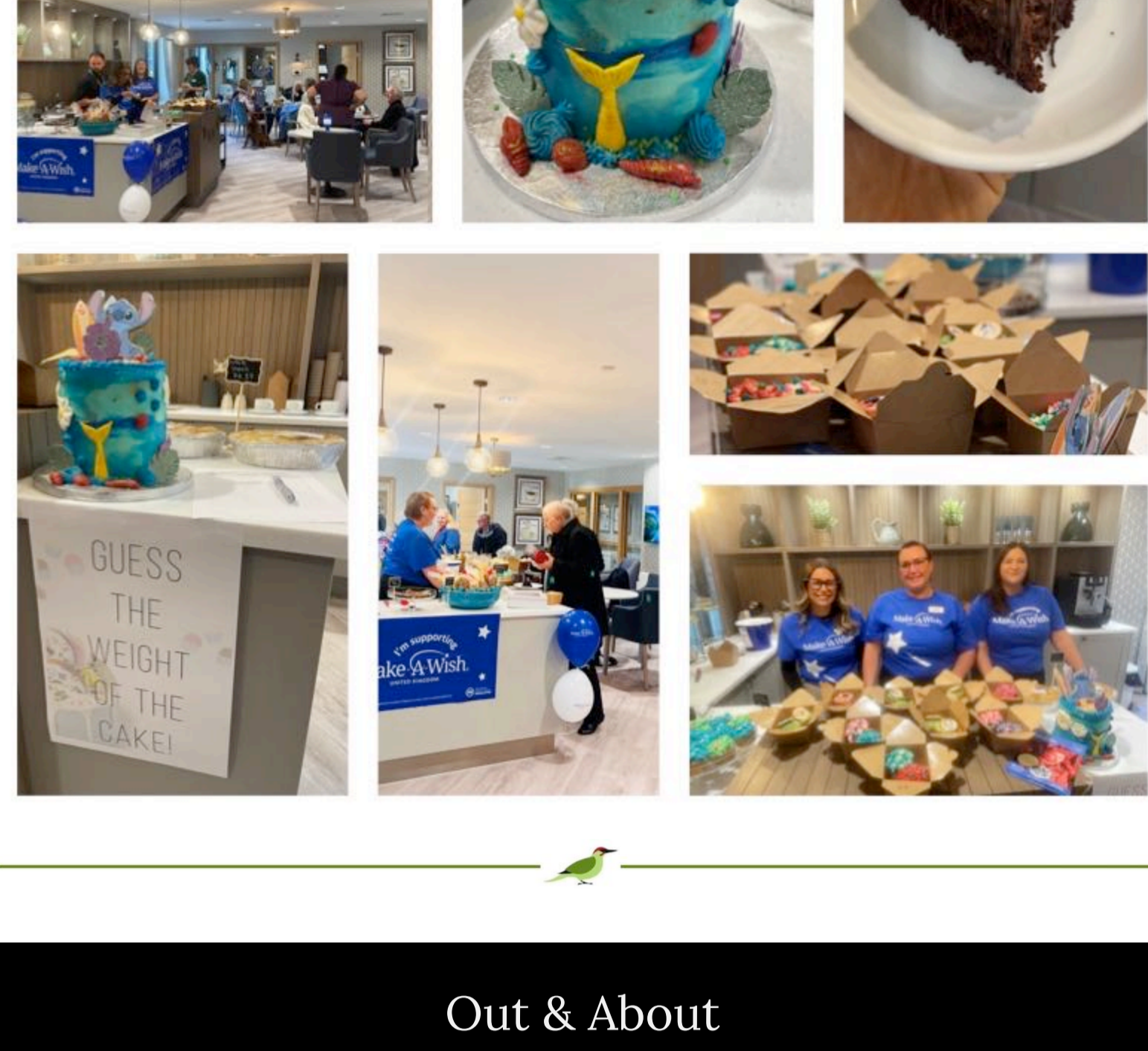


## Charity Bake Sale



# Fundraising Event

Our Charity Bake Sale on Friday, October 11th was a great success, raising £198.24 for Make-A-Wish UK. We are incredibly grateful to everyone who attended and donated, as well as to our dedicated staff who baked and decorated delicious treats. It was a wonderful morning filled with generosity and community spirit.

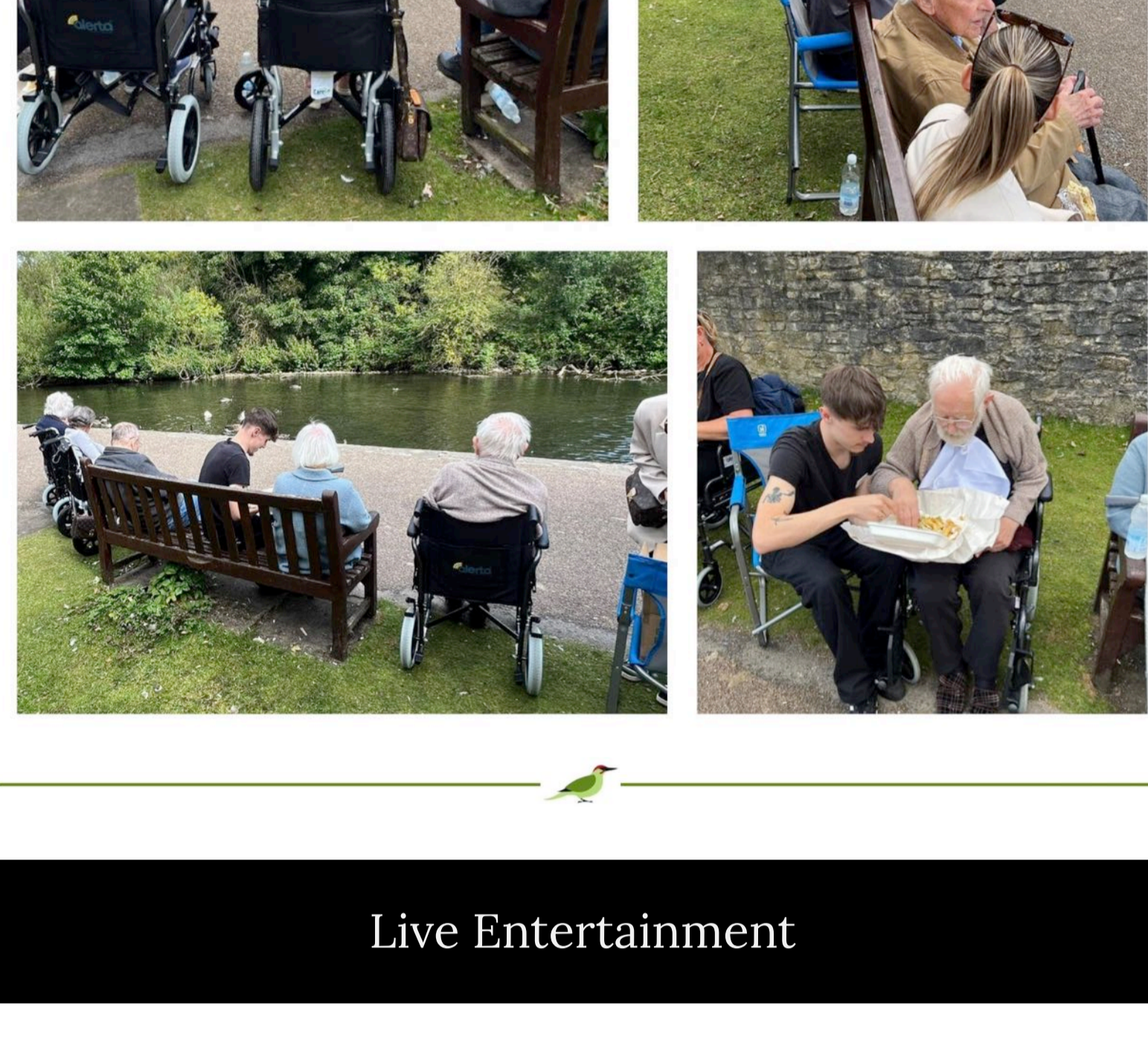


## Out & About

# Fun in the Sun!

Our residents and team members enjoyed a delightful outing to the local town of Bakewell. Bathed in sunshine, we strolled through the town, indulged in some tasty fish and chips, and even fed the ducks and geese.

Of course, no trip to Bakewell would be complete without savouring the iconic Bakewell Tart! It was a fantastic day that fostered strong bonds among residents and staff, creating a true sense of belonging and togetherness.

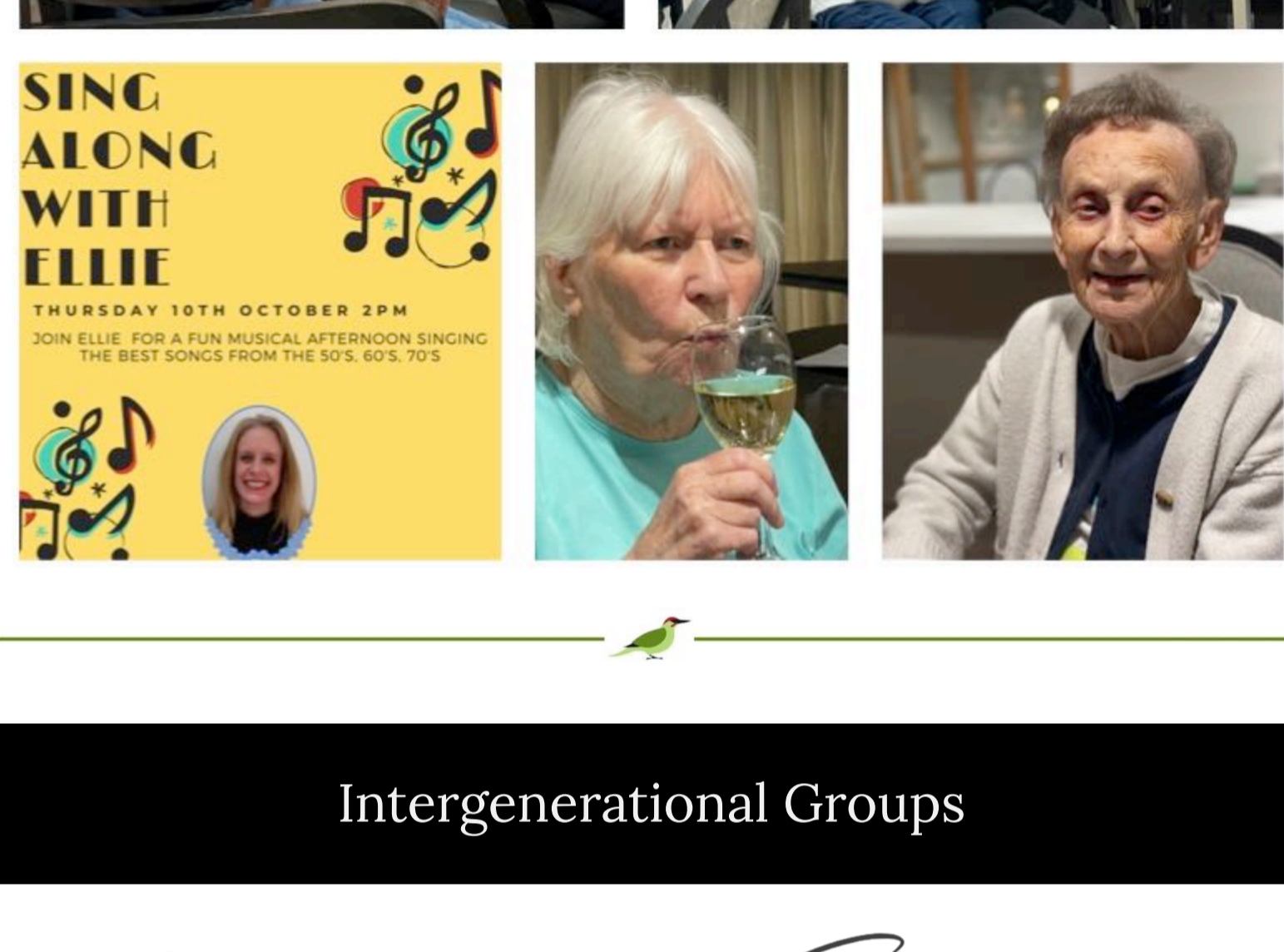


## Live Entertainment

# Resounding Success!

In a care home setting, music plays a crucial role in enhancing the overall well-being of the residents. Music has the power to evoke emotions, stimulate memories, and create a sense of comfort and familiarity. It can help reduce feelings of isolation and loneliness, as well as provide a means of self-expression for the residents.

Our first entertainer was a resounding success. Ellie serenaded us with beloved tunes from the 50's, 60's, and 70's. Due to popular demand, she will be returning again in both November and December to spread more musical joy.



## Intergenerational Groups

# Meaningful Activities

Excitement was brewing as we prepared to launch our intergenerational groups, welcoming children and staff from Matlock Pre-school and the Tin Hut to engage in meaningful activities with our residents. This initiative aims to integrate the community into the heart of our home, encouraging meaningful connections across generations.



## Fun & Games

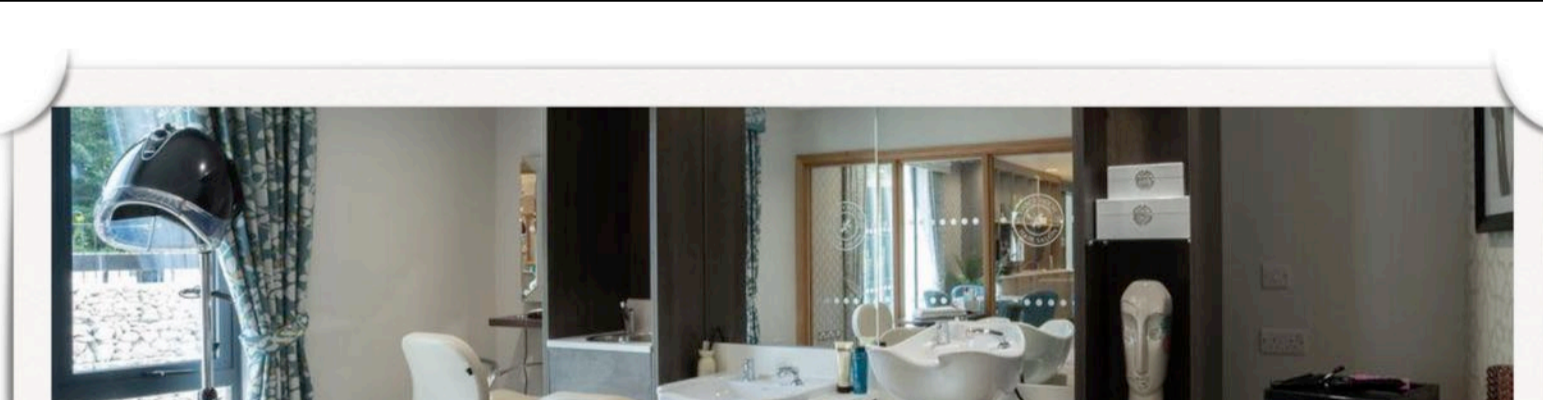


# Health & Wellbeing

Staying active is a top priority for us, and we are fortunate to have stunning surroundings for walks. Even on rainy days, we find creative ways to keep moving, from armchair air tennis to invigorating Oomph exercise classes.



## Pampering

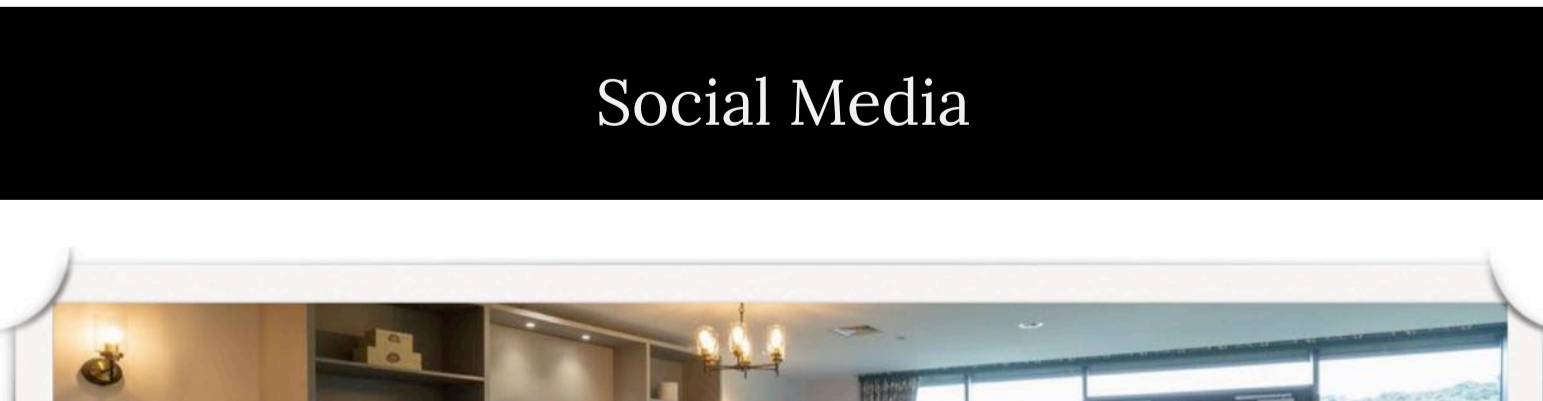


# Relax & Rejuvenate

Our residents enjoy a pampering session in the salon. At Darcy House, we prioritise the well-being of our residents by offering indulgent pampering sessions in our salon. We strongly believe that when you look good, you feel good, and our residents deserve to feel their best.



## Social Media

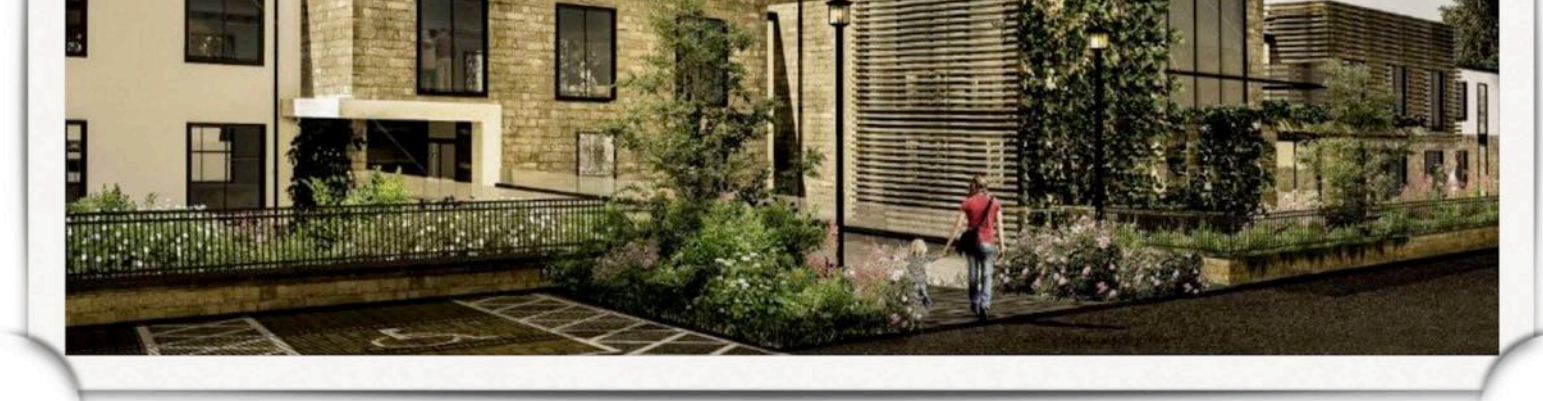


# Connect With Us

Make sure to check out the Darcy House Care Home Facebook Page.

[Don't Forget To 'Like' Us!](#)

## Leave A Review



# Your Thoughts Matter

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)

[Google Review](#)

